

Savvy Express

Free Caregiver Workshop



Helping Alzheimer's Family Caregivers Care with Savvy

The Savvy Express workshop is a free 2-hour class held 3 weeks in a row. This program will help you:

- *Understand Alzheimer's disease & dementia*
- *Learn how to respond to challenging behaviors*
- *Connect with resources in your community*

Friday, April 5, 2019

*3-week session, must attend all classes
10:00 am to 12:00 pm*

East San Gabriel Valley Japanese Community Center

1203 W. Puente Ave., West Covina, CA, 91790

To register, please call Tony Tang at 626-960-2566

*To find other classes and resources, please call us at **844.HELP.ALZ** (844-435-7259)*