

# **COVID-19 PREVENTION GUIDELINES**

These measures are in ADDITION to all previously established cleaning and sanitizing procedures.

### Social and Physical Distancing

- Children should remain in groups as small as possible not to exceed ratio and capacity requirements.
- Extend indoor environment to outdoors, and bring the class outside, weather permitting.
- Open windows or doors to ventilate facilities before and after children arrive.
- Arrange developmentally appropriate activities for smaller group activities and rearrange furniture to maintain 6 feet separation, when possible.

#### Screenings

- Staff should self-screen for the following symptoms (fever, cough, difficulty breathing or any other signs of illness within the last 24 hours) that they, or someone in their homes, might have.
  - o If staff or someone in their home is exhibiting these symptoms, they must stay home and self-quarantine.\*\*
- Staff should have their temperature taken before arriving to work or beginning care.
- Ask caregivers if their child has taken any fever reducing medications in the prior 24 hours.
- If anyone has a temperature of 100.4 or higher, they must be excluded from the facility.
- Take each child's temperature upon arrival with the no-touch thermometer. Use alcohol wipe after each use of no-touch thermometer.
- Monitor staff and children throughout the day for any signs of possible illness.
- If staff or children exhibit signs of illness, follow the facility procedures for isolation from the general room population and notify the caregiver immediately to pick up the child.
- Implement and enforce strict guidelines for all staff and children.
- If your child has a runny nose or cough, he/she will not be permitted to come to the after school program that day.

## How to Talk to Young Children about Social Distancing

- Model social distancing when interacting with children, families, and staff.
- Give frequent verbal reminders to children.

# Practice Healthy Hygiene

- Teach, model, and reinforces healthy habits and social skills.
  - o Explain to children why it's not healthy to share drinks or food, particularly when sick.
  - o Avoid touching eyes, nose, and mouth.
  - o Practice frequent handwashing (handwashing should last 20 seconds).
  - o Teach children to use tissue to wipe their nose and to cough inside their elbow.
  - o Model and practice handwashing before and after eating, after coughing or sneezing and after playing outside
- Staff will wear face masks and face shields throughout entire shift
- Filters for masks are available for additional protection. Please remove filters before washing.



Masks will be washed after each shift.

### **During Pick Up**

- Pick up will be taking place directly outside of the main door.
- Conduct visual wellness checks of all children upon arrival and ask health questions when concerned.
  - o Ask caregivers and parents to meet at facility entryway for pick-up of children whenever possible.
  - o Explain to parents and caregivers that all visits should be brief as possible.
  - o Install hand sanitizers, out of the reach of children, near all entry doors and other high traffic areas.
- Leave child belongings outside the door.
- Sign-in sheets will be on a table outside. Pens will be disinfected after each use.
- Hand sanitizer will be provided at the sign-in table. Please use it before signing in or signing out.
- Staff will use gloves during pick up.

### **Examine your Environment**

- Implement procedures to frequently clean all touched surfaces.
  - o Sanitize each toy after each use.
  - o Limit the amount of sharing.
  - o Offer more opportunities for individual play and solo activities.
  - o Plan activities that do not require close physical contact between multiple children.

#### **Meal Times**

- Use disposable utensils when applicable.
- Children are to bring their own meals and snacks.
- There will be no sharing of snacks or food.
- Utilize more tables to spread children out.
  - o Practice proper handwashing before and after eating.
  - o Immediately tables after meals.

#### **Personal Items**

- All personal items should be labeled and kept in a separate bag to ensure personal items are separate from others. During this time, personal toys should be kept at home until further notice.
- Backpacks will be hung on S hooks on the landing outside the room.

## Additional Cleaning Measures

- Bleach cleaning at the end of the day of all heavy contact areas to include:
  - o all door handles (and the surrounding area) and railings
  - o sink handles
- Bleach cleaning all furniture.



- Bleach cleaning chairs and desks.
- Bleach cleaning light switches.
- Clorox wipe face shields daily.
- Clorox wipe check-in table, sign-in binder, pens
- All outdoor large toys (i.e. balls, frisbees, etc.) are bleach cleaned daily.

## **Transportation**

- Masks and gloves are required of the driver.
- Masks are required for all passengers.
- Clean and sanitize the vehicle after each ride.
- Hand sanitizer should be utilized for each passenger before boarding the vehicle.